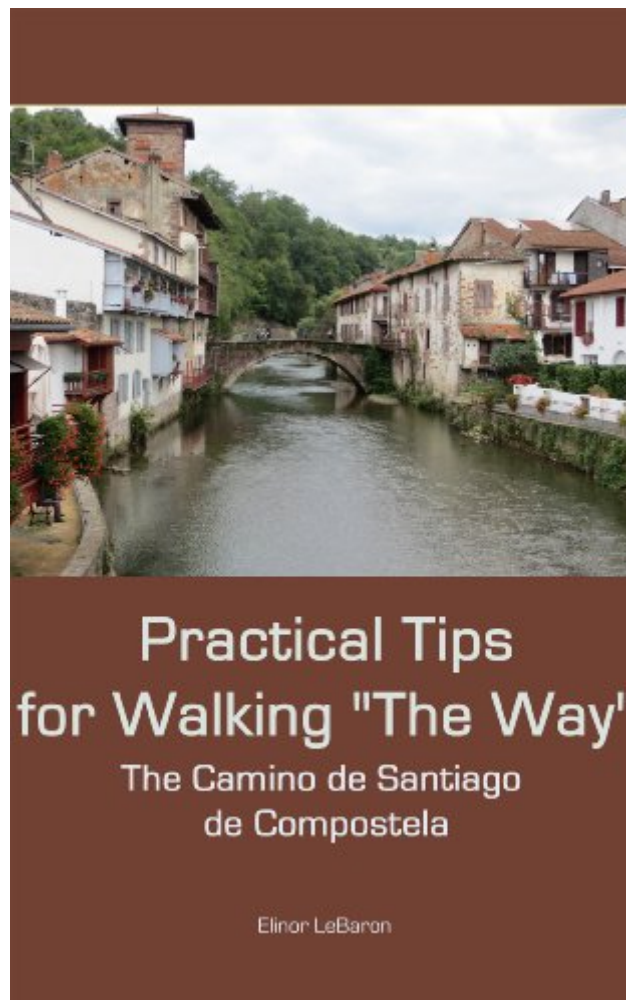


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# Practical Tips For Walking "The Way," The Camino De Santiago De Compostela (Practical Travel Tips)



## Synopsis

Practical tips for walking the Camino de Santiago de Compostela ("The Way"), a 500-mile pilgrimage walk across northern Spain. The book includes advice on what to take, lodging, and food. Included are more than 130 color photos from the pilgrim's trail. The photos show the types of lodging, signs and maps, packs, trekking poles, terrain along the way, cathedrals, points of interest, and more. It is the book you should read BEFORE you go.

## Book Information

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## Customer Reviews

This is a great little book. I've walked the Camino twice and I wish I had this little guy the first time. It would have saved a ton of problems. This is not a guide book, but one that tells you what you need to bring and how to get to St Jean. It has lots of cute pictures and lists of stuff you should consider taking along with you. And it tells you what not to bring. If you've walked the Camino before the book will bring back lots of memories.

I walked the Camino about the same time, Sept 11 thru Oct 8, 2012, from Pamplona to Santiago (450 miles) avoiding the Pyrenees because of a bum right knee (no cartilage).The advice is

excellent and succinct especially the packing list. Leave the sleeping bag home, bring the lighter weight blanket and treat your silk sleep sack with Permethrin (silk sleep sack on eBay, from Vietnam, good quality, light weight, inexpensive). The only items I would add are strapping tape (Leukotape on works well) and band-aids to put on hot spots immediately to AVOID ALL BLISTERS; an anti-inflammatory (the popular European anti-inflammatory, diclofenaco ... generic Voltaren ... worked better than Advil for me); vitamin C, zinc and benadryl for colds; and immodium. These weigh only a few ounces and when you need them you need them now. The only section I would have added would be a description of a typical day on the Camino. Another book you might read after this one before you go is "A Million Steps" by Kurt Koontz. It gives additional details. Overall, I thoroughly enjoyed this book. It had the best and most photos reminding me how beautiful the Camino is. I was 63 y.o. when I did the Camino ... had no cartilage in my right knee ... so what's your excuse? This can be a life changing experience. It was for me and many people I met there. Most people who read this won't go but I hope you do. Buen Camino.

I have read about a dozen books on the Camino now, some for preparing to go, some with stories along the way. This short book kind of combines both and even after all my other reading I still learned stuff from this book. I like her writing style and felt like she did a good job of providing useful information. Interestingly at numerous points throughout the book she mentions something and then tells us she does not know what it is, but for whatever reason she never provides us with the info. At one point she tells us she is a bird watcher, gives a few photos of some birds of Spain but provides one photo of a bird and does not identify it. Mostly I blame this on a bad editor that would let her get away with that sort of thing, but lack of intellectual curiosity on the part of the author also must be blamed.

Nice and concise! Loved the pics. They showed the different types of ground one would be walking. Good tips on what to bring and not to bring. I have read several books on the Camino that are too detailed and you end up overloaded with too much information. This book gives you simple basics and good info both in printed word and photos.

I don't intend ever to walk the Camino, but I was interested in seeing what it was like. Elinor LeBaron gives one the true picture. My mind was not changed, but I enjoyed the descriptions and the many pictures along the way. Of course, I understand why religious pilgrims make the trip, but Now I begin to understand why others would want to do such a thing. A person would definitely

need this book that tells everything you need for a safe journey.Fran Porter

The narrative and photographs complement each other very well. Apart from THE movie, this is about my fourth book on The Way. Was pleasantly surprised at the accommodations, and delighted to read that they regretted a hotel stay because they missed the camaraderie of the refugios/hostels. The pictures made a huge difference in capturing the essence of the Camino. Easy to go back and re-read. Hyperlinks for each chapter make up for my usual reticence to buy ebooks. Although I still prefer "real" books, this was pretty cool. It brought other readings to life. Excellent value!Would definitely recommend to others. The title says it all: Practical Tips...

Very nice and useful. Don't miss this book.

This is a helpful and enjoyable ebook for anyone who is thinking about walking the camino frances. The author presents both practical information and a sense of what a multigenerational group can look forward to. Well written -- well done. The photographs are especially nice when viewed on an e-reader with color.

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